Track: 2018-10-13 Anello del Costone — **Date: 13/10/2018**

Track: 2018-10-13 Anello del Costone	**IBP = 106 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	14.2 Km
Analyzed distance	14.2 Km
Lineal distance	0.03 Km

Accumulated climb	838.8 m
Accumulated descent	841.2 m
Maximum height	2272.3 m
Minimal height	1636.3 m
Climb rate	13.99 %
Descent rate	11.38 %
Positive climb difference per	59.07 m
Negative descent difference per	59.24 m

Total time	5:49:38 h
Time in movement	4:23:39 h
Stopped time	1:25:59 h

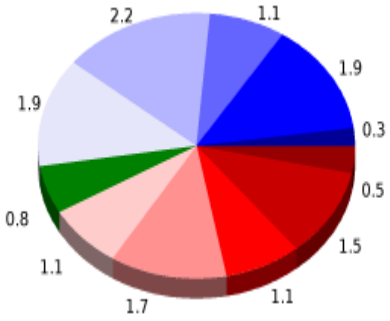
Total speed average	2.44 Km/h
Average speed in movement	3.23 Km/h
Maximum held speed	6.79 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1086 (cad. 13.07 m)
Significant points	391 (cad. 36.41 m / 36 %)
Aberrant points	23 (2.12 % d. total)

Direction changes per	14.3
Direction changes >5º per	11.48
Accumulated straight stretches	1.741 Km
Straight stretches per	122.61 m
Penalizables slope changes	9
Penalizables slope changes per	0.634

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Summary of slopes



	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.524	3.69	1.65	0:19:03
	Between 15 and 30%	1.545	10.88	2.39	0:38:49
	Between 10 and 15%	1.141	8.04	2.74	0:24:59
	Between 5 and 10%	1.666	11.73	4.11	0:24:21
	Between 1 and 5%	1.121	7.89	3.5	0:19:14
	Total :	5.996	42.23	2.85	2:06:26
	Plain				
	Difference of 1%	0.812	5.72	3.72	0:13:06
	Breakdown descents				
	Between 1 and 5%	1.854	13.06	3.85	0:28:52
	Between 5 and 10%	2.206	15.54	4.06	0:32:38
	Between 10 and 15%	1.14	8.03	3.81	0:17:57
	Between 15 and 30%	1.931	13.6	3.03	0:38:14
	Between 30% and 55%	0.259	1.83	2.42	0:06:26
	Total :	7.39	52.05	3.57	2:04:07
	Total track :	14.2	100 %	3.23	4:23:39

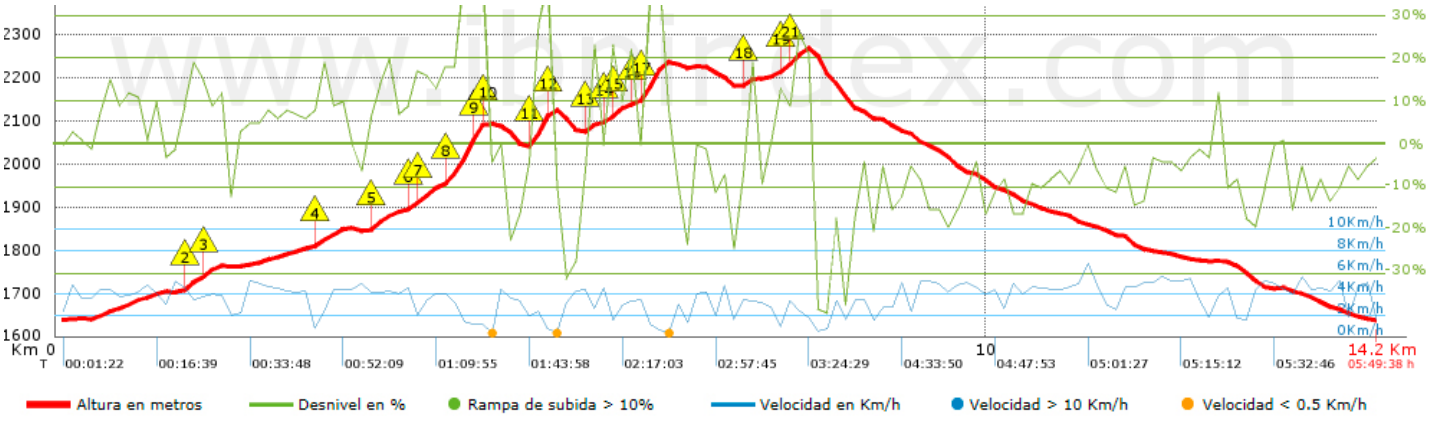
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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	1.366	13 %	37 m
2	1.403	16 %	160 m
3	1.562	13 %	163 m
4	2.782	13 %	230 m
5	3.356	15 %	214 m
6	3.772	13 %	62 m
7	3.834	16 %	359 m
8	4.193	33 %	283 m
9	4.476	48 %	34 m
10	4.511	33 %	75 m
11	5.051	31 %	248 m
12	5.298	28 %	38 m
13	5.677	19 %	109 m
14	5.904	12 %	33 m
15	5.936	19 %	144 m
16	6.126	12 %	149 m
17	6.275	32 %	232 m
18	7.376	15 %	101 m
19	7.763	16 %	111 m
20	7.873	13 %	37 m
21	7.91	22 %	144 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	207.49	1.46	0:03:54	3.19	0:45:00	0:48:54	0.25
2000	5097.219	35.9	1:58:55	2.57	0:38:17	2:37:12	1.95
1750	5821.357	41	1:33:40	3.73	0:02:42	1:36:22	3.62
1500	3072.036	21.64	0:47:10	3.91		0:47:10	3.91
Total :	14.198 Km	100 %	4:23:39 h	3.23 Km/h	1:25:59 h	5:49:38 h	2.44 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
2.678	0:02:42	1804	0:42:57	0:42:57	2.678
4.586	0:10:15 > 10´	2097	1:26:29	0:43:32	1.907
5.228	0:02:55	2098	1:50:33	0:24:04	0.642
5.336	0:07:18	2130	1:55:32	0:04:59 < 10´	0.108
6.409	0:06:09	2193	2:28:29	0:32:57	1.073
6.507	0:08:29	2221	2:36:23	0:07:54 < 10´	0.098
8.054	0:45:00 > 10´	2269	3:24:29	0:48:06	1.548
8.223	0:03:11	2225	4:13:00	0:48:31	0.169
Total :	1:25:59 h				

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